



Preschool Programs



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Arts & Culture

Art and Music for Kids

Path: Creative Arts

Level: Beginner

Art and music can boost a child's creativity, confidence, concentration and coordination. Join us for fingerpainting, abstract art, collage, colouring, stickers, stamping and clay modeling, music, movement, and storytelling. Price includes all materials and supplies. Caregiver participation is required.

Age: 3 to 5 Years

Location: Ray Twinney Recreation Complex

Ballet - Pre-school

Path: Performing Arts

Level: Beginner

Your child will love this class as it teaches the fundamentals of ballet in a fun-filled encouraging and play-focused environment. Your child will learn warm-ups, choreography and proper cool down techniques. Ballet shoes required.

Age: 3 to 5 Years

Location: Ray Twinney Recreation Complex

Munchkins in the Kitchen

Path: Culinary Arts

Level: Beginner

A great way to introduce your child to the kitchen! Prepare healthy treats; learn new words, and different types of cultural foods. Please bring a container for treats to take home and a binder for recipes. All fees included.

Age: 3 to 5 Years

Location: Recreation Youth Centre & Sk8 Park

Munchkins in the Kitchen -

Let's Get Baking

Path: Culinary Arts

Level: Beginner

A great way to introduce your child to the kitchen. In this hands on session they will get messy while learning new skills, and creating delicious treats to bring home. Please bring a container for treats to take home and a binder for recipes.

Age: 3 to 5 Years

Location: Recreation Youth Centre & Sk8 Park

Munchkins in the Kitchen:

Easter Treats

Path: Culinary Arts

Level: Beginner - Intermediate

In this fun hands-on class kids will create tasty Easter treats to bring home and share with their family (or eat on their own). Kids will be given all of the supplies they need and follow the step by step instructions to create delicious Easter treats. All skills levels welcome.

Age: 3 to 5 Years

Location: Recreation Youth Centre & Sk8 Park

Fitness and Wellness

Yoga

This is a dynamic class where children will learn playful yoga poses, work with their breath, and practice relaxation. This program will spark your child's inner yogi while helping to develop their motor coordination and play skills.

Age: 5 to 7 Years

Location: Magna Centre

Zumba Kids Jr.

With a hint of Latin Flavor and international zest, Zumba incorporates easy-to-follow moves for preschoolers who love to dance! Running shoes are required. No previous dance experience required.

Age: 4 to 6 Years

Location: Magna Centre



To register visit
play.newmarket.ca

 Parent Participation Required

General

Craft and Playtime

This program will have your preschooler playing active and quiet games, creating crafts and singing songs all morning long! No parent participation is required. Children must be toilet trained to participate in the program.

Age: 2.5 to 4 Years

Location: Magna Centre

Sports

Karate – Kids

Fitness, discipline and fun await at Kids Karate in partnership with Jitsu-Do Karate. This class will prepare young children for future karate classes and includes games, props and drills to help them with coordination and athleticism while learning valuable self-defence skills.

Age: 4 to 6 Years

Location: Jitsu-Do Karate

Learn to Skate

In partnership with the Newmarket Skating Club, this fun, learn to ice skate program provides instruction in the early years of skating. The program teaches skating skills through simple instruction, music, games and toys. CSA approved hockey helmet must be worn, as well as gloves or mitts. Parents/Guardians are required to stay on site during the class.

Age: 3 to 5 Years

Location: Magna Centre

Soccer Skills

This program offers young children an opportunity to get a head start on the soccer season. Instructors will teach the new soccer enthusiasts the basic skills and rules of the game, while promoting sportsmanship and fair play. Indoor running shoes and comfortable clothing required.

Age: 4 to 6 Years

Location: Recreation Youth Centre & Sk8 Park

Sportball Multi-Sport Indoor

In partnership with Sportball, this program introduces children to the concepts and skills involved in the 8 core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf) of the Sportball methodology. This program reinforces the benefits of teamwork and skill development rather than the importance of winning.

Age: 3 to 5 Years

Location: Recreation Youth Centre & Sk8 Park

Sportball Parent & Child/ Multi-Sport Indoor

In partnership with Sportball, this Parent and Child programs teaches children introductory physical skills that builds confidence associated with our eight core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf). The program also helps adults understand proven teaching techniques that can be applied outside of the class.

Age: 2 to 3 Years

Location: Recreation Youth Centre & Sk8 Park

**Looking to learn how to
skate this spring?**

**Check out Learn to Skate for 3 to 5
year olds!**



**To register visit
play.newmarket.ca**

 Parent Participation Required