

Children's Programs



* Childrens Programs

Arts & Culture

After School Crafts

Get crafty at the Recreation Youth Centre! This is a recreation program designed to give children the opportunity to socialize with peers and express their creativity in an upbeat learning environment! Participants will create a new craft to take home each week.

Age: 7 to 12 Years

Location: Recreation Youth Centre and

telMAX Indoor Skate Park

Art Experiment Lab

Path: Visual Art / Science

Level: Beginner

Your child will be invited to explore art through a wide range of materials and focus on an 'experimental' and fun-filled approach.

Age: 7 to 11 Years Location: Magna Centre

Ballet - Children

Path: Performing Arts Level: Intermediate

Your child will love this class as it teaches the fundamentals of ballet in a fun-filled encouraging and play-focused environment. Your child will learn warm up, choreography and proper cool down techniques. Ballet shoes or slippers required.

Age: 5 to 8 Years

Location: Armitage Public School, **Ray Twinney Recreation Complex**



Crafting Hour

Path: Visual Art and Design

Level: Beginner

Kids want to learn how to make do it yourself (DIY) crafts? Each week learn step-by-step projects with a design mind, ingenuity and your own creative capacity.

Age: 4 to 7 Years and 6 to 9 Years

Location: Recreation Youth Centre and telMAX

Indoor Skate Park

Hip Hop - Children

Path: Performing Arts

Level: Beginner

Hip Hop is an eclectic street style of dance that is great for upbeat and high energy dancers. In this fast-paced and fun-filled dance class, participants will develop their coordination, rhythm, strength and flexibility. This combination of a great cardio workout, funky choreography and energetic dance games is a fun way to exercise the mind and memory.

Age: 5 to 7 Years and 8 to 10 Years **Location: Maple Leaf Public School**





KGM - Computer Animation

Path: Computer Programming / Animation Level: Beginner – Intermediate

Introducing the easiest animation program, designed to have your drawings up and moving in minutes! This program is designed to encourage the artist in everyone by using simple to-use tools, engaging design with multiple levels, combined with the 12 principles of animation. You will create animations with confidence while enjoying a fun and rewarding experience.

Age: 6 to 12 Years

Location: Magna Centre

Kids in the Kitchen: Breakfast Bliss Supper Club

Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious recipes! This class is designed for fun with hands on learning cooking experiences. Make delicious breakfast fare. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark



Kids in the Kitchen: For the Love of Baking

Path: Culinary Arts | Level: beginner

Baking with children is one of the easiest ways to get them started on their culinary adventure and excited about cooking. From measuring ingredients and cracking eggs, to greasing bread pans and decorating cupcakes, we will get up to some fun-filled recipes with children in mind

Age: 6 to 9 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

Kids in the Kitchen

Path: Culinary Arts Level: Beginner

Your child will enjoy hands-on cooking & baking experience from scratch. They will create delicious recipes that will encourage them to develop their palate.

Age: 5 to 9 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

Kids in the Kitchen - Bake it Up

Path: Culinary Arts Level: Beginner

In this hands on session your kids will learn to read a recipe, measure ingredients and create delicious treats to bring home.

Age: 6 to 10 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

Modelling Clay Creations – **Create with Clay**

Path: Sculpture

Level: Beginner / Intermediate

Children will enjoy the experience of handling modelling clay to learn about shape and form while making use of their imaginative side to bring to life their clay creations. This program encourages self-expression, exploring boundaries through the art of clay.

Age: 6 to 9 Years

Location: Recreation Youth Centre and telMAX

Indoor Skatepark

Origami for Beginners

Path: Visual Arts / Mixed Media Arts Level: Beginner - Intermediate

Turn Origami into artistic expression. This program will teach the traditional art of paper folding while developing mindfulness and patience with a guided 'possibilities' approach geared for children.

Age: 6 to 10 Years **Location: Magna Centre**







Robothink: Engineering Race Car

Path: Engineering Level: Beginner

Start your engines and get ready for RoboThink's Engineer Race Cars program! Your child will not only build and race a variety of cool race cars but also learn about the intricate parts of a car like transmission, pistons, and differentials. No prior experience necessary – just be ready to zoom into some high-octane fun! Rev up your passion for automotive engineering, construct high-speed race cars, and explore the mechanics of speed, precision, and aerodynamics.

Age: 5 to 14 Years

Location: Recreation Youth Centre & telMAX

Indoor Skate Park

Siblings in the Kitchen – Supper Club

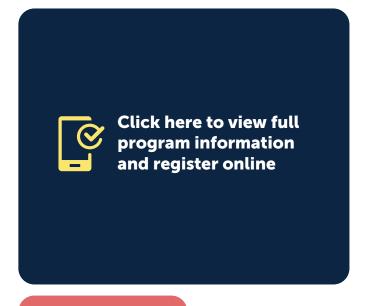
Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious recipes! This class is designed for fun with hands on learning cooking experiences. Team up with your sibling or friend. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Youth Centre and Sk8park



Siblings in the Kitchen: Baking Club

Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious and simple baking recipes! This class is designed for fun with hands on learning cooking experiences. Team up with your sibling or friend. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Recreation Youth Centre & telMAX

Indoor Skate Park

Young Engineers: Bricks Challenge - Rides and Robots

Path: Engineering Level: Beginner

This program's lessons start with a brief demonstration that is immediately followed by building Young Engineers models. Each lesson inspires students to create, build and learn through a fun and entertaining experience. Participants build motorized models using our building blocks sets exclusively designed by Young Engineers' Research and Development team.

Age: 6 to 9 Years

Location: Ray Twinney Recreation Complex

Ukrainian Rhythms and Rhymes: A Cross-Cultural Musical Adventure

Path: Performing Arts Level: Beginner

Embark on a delightful 6-week musical expedition that brings the captivating world of Ukrainian culture and music right to the hearts of Canadian children providing an engaging children's music project designed to foster cross-cultural connections through music, dance, and storytelling. Through interactive sessions filled with joyful singing, dancing, and creativity, young participants will explore the beauty of Ukrainian traditions.

Age: 5 to 8 Years

Location: Old Town Hall



Fitness & Wellness

After School Dance & Fitness

Come dance with us! Participants will get fit with an upbeat warm up, new dance steps across the floor, a short routine, and freestyle exercises each week. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre & telMAX

Indoor Skate Park

Kids Yoga

These classes are inspiring, creative and your child will learn a ton through our unique themes! Some of our all-time favourites have been Extinct Animal Yoga, Climate Change Yoga, and many more! We encourage movement and relaxation through story-telling and yoga journeys, where children will learn yoga poses and breath practices through play, exploration, and connection to themselves, others, and the environment.

Age: 4 to 8 Years

Location: Magna Centre



Sports

After School Ball Hockey

Fast action play, weekly games and basic drills will provide a great opportunity for players to enjoy a game they love, along with other players and staff. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

After School Basketball

Come play basketball with us! Learn the game of basketball in a fun and non-competitive setting. Players will learn basic skills and work as a team in a number of games each week. This is a recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

After School Dodgeball

Kings Court, Ultimate, Traditional, Jailbreak and Doctor Dodgeball will all be part of this afterschool program designed to give a great workout, improve coordination and encourage teamwork. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark





After School Soccer

Enjoy the sport of soccer with basic skill development focusing on dribbling, passing, and shooting. Come ready to work as a team! This is a recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and

telMAX Indoor Skatepark

Badminton - Instructional

Learn to play the game of badminton in a fun, non-competitive and recreational setting. Through weekly instruction you will develop basic skills, meet new friends and have fun! This program is suitable for any level of player.

Age: 6 to 9 & 10 to 13 Years

Location: Magna Centre and Maple Leaf

Public School

Basketball - Instructional

Kids will start with individual and group warm-ups and drills that work on all aspects of the game and finish with pick-up games that will highlight team play and sportsmanship.

Age: 7 to 9 and 10 to 13 Years

Location: Magna Centre and Crossland

Public School

Fencing

En guarde! Fencing is a challenging sport that emphasizes fitness of the body and quickness of the mind. All equipment and expert instruction will be provided.

Age: 10 to 12 and 13+ Years **Location: Magna Centre**

Program Index

Karate – Introduction

In partnership with Jitsu-Do Karate, this introduction class is a chance to take up a hobby that can end up as a lifestyle. Self defense, fitness and fun are the building blocks of martial arts and this class lets you experience

Age: 6+ Years

Location: Jitsu-Do Karate

Pickleball-Learn to Play

In partnership with Elevation Athletics, players will learn pickleball basics and be able to play with confidence at the end of the session. Coaches will cover the fundamentals of serve, return and volley. Players must provide own paddles.

Age: 8 to 15 Years

Location: Denne Public School

Playball - Ball Hockey

In partnership with Playball, this program is a great skill-building program where children of all abilities will develop the knowledge and skills needed to play ball hockey in a fun, safe and energetic indoor environment.

Age: 4 to 6 and 7 to 9 Years

Location: Maple Leaf Public School





Playball - Sport Coaching for Kids

In partnership with Playball, this program emphasizes the foundations and skills of popular sports including: baseball, basketball, hockey, soccer, tennis and volleyball. Playball is structured to teach competent and happy participation in a non-competitive, fun-filled environment.

Age: 5 to 6 and 7 to 9 Years Location: Crossland Public School, Maple Leaf Public School and Ray Twinney **Recreation Complex**

Skate - Learn to Skate

This is a fun, learn to ice skate program. Certified skating instructors will provide instruction of basic skating skills for children in a group environment. Please note: CSA approved hockey helmets must be worn, as well as warm clothes, gloves or mitts. Parents/ Guardians are required to stay on site during the class and spectate from the stands.

Age: 6 to 9 and 6 to 12 **Location: Magna Centre**

Soccer Skills

Designed to keep soccer skills fresh over the off-season or as an introduction for new players before the season arrives! Skills practiced include dribbling, shooting, passing, and positions. Please bring indoor running shoes and wear comfortable clothing.

Age: 7 to 10 Years

Location: Armitage Public School



Click here to view full program information and register online





Sportball Multi-Sport/Indoor

In partnership with Sportball, this program introduces children to the concepts and skills involved in the 8 core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf) of the Sportball methodology. This program reinforces the benefits of teamwork and skill development rather than the importance of winning.

Age: 5 to 7 Years

Location: Crossland Public School

Volleyball - Instructional

Through weekly instruction you will develop basic skills to serve, set and bump. Work as a team and have a great time. Children with lots of energy will have fun during warm ups, scrimmages and instructional demonstrations.

Age: 8 to 10 and 11 to 13 Years

Location: Armitage Public School and

Magna Centre

Program Index

Volleyball — Learn to Train

In partnership with Caspian Sport Club, this program is aimed at improving athlete's skill sets, building fundamental movement and motor skills and introduces players to basic team play. Volleyball experience is required.

Age: 9 to 12 Years

Location: Magna Centre

Volleyball- Training to Train

In partnership with Caspian Sport Club, it is aimed to improve basic individual volleyball skills and tactics. The 6 vs. 6 game is introduced, creating the need to learn team systems and position specialization. Volleyball experience is required.

Age: 13 to 15 Years Location: Magna Centre



Click here to view full program information and register online

