



# Recreation Youth Centre & Skate Park



# Recreation Youth Centre & Skate Park

56 Charles Street. 905-953-5120

Welcome to the Recreation Youth Centre & Skate Park, also known as the RYC! This Centre offers children and youth a safe place to hang out with friends and participate in as much or as little as they like. The RYC is proud to offer both drop-in and registered programs.

## Drop-In With Us!

### Games



Ping Pong  
Pool

### Skate Park



Skateboard  
Scooter  
Rollerblading

### Open Gym



Basketball  
Volleyball  
Ball Hockey  
& much more!

## Registered Programs

Whether you're interested in Skateboard or Scooter Lessons, Sport Programs, Art Programs or Leadership Courses, we've got you covered! All our registered program information can be found in the next few pages, and in the Youth Programs Section. For more information, please contact the Recreation Youth Centre & Skate Park at 905-953-5120 or youthcentre@newmarket.ca.

## 2023 Fees

NEW! MONTHLY MEMBERSHIP FEE	
All Building Membership - Unlimited Access to Skate Park & Gymnasium <b>\$20/ month</b>	
SESSION DROP-IN FEES	
Gym and Lobby Games	\$1
Skate Park	\$5
MULTI-PASSES	
Skate Park - 10 Passes	\$33
Gym and Lobby Games - 10 Passes	\$7

### Skate Park Use - Equipment Required:

- Helmet (Skateboard, Scooter, Hockey with the cage/visor removed, or Ski/Snowboard). \*Bike helmets are not permitted.
- Skateboard, Scooter or Rollerblades
- Close toed shoes

### Recommended:

Padding (knee, elbow, etc.)  
Mouth guard

[newmarket.ca/youth](https://newmarket.ca/youth)



**You've asked.  
We've answered.**



**Do you offer private and semi-private skateboard or scooter lessons at the Recreation Youth Centre & Sk8 Park (RYC)?**

Yes! The next page outlines our Skateboard and Scooter Lessons. Additional lesson times may be available based on Instructor availability. Call the RYC at 905-953-5300 ext. 2828 for additional availability.

**Do you offer any leadership opportunities for Youth?**

Yes! This Winter we are offering a CIT (Counsellor in Training) and Leader in Training courses! More information can be found in the Youth Programs Section.

**Can I rent the RYC for my next community or school event?**

Yes! The RYC is a great place for exciting, special events. To discuss your options or to book a room, please contact the RYC at 905-953-5120.

**Do I need to reserve my spot ahead of time for a drop-in?**

No! You are welcome to use the facility in your age-specific time slot without pre-registering. Ensure you arrive early to avoid disappointment should sessions fill.

**Will children be supervised while visiting the RYC?**

**Registered programs:** Children will only be fully supervised during our registered recreation programs.

**Drop-in sessions:** Supervision is limited to the availability of staff. While visiting the RYC for a drop-in session, it is expected that a parent/guardian will remain on the premises to ensure appropriate supervision of those 9 years of age and younger.

# Skateboard Lessons 101

Having trouble deciding which Skate lessons to start with?



## Stance

**Level: Beginner**

Standing, pushing, balance and weight transferring will be taught in this level.



## Kicks

**Level: Beginner/Intermediate**

Taking new learned skills from Stance and apply them to the ramps. Rolling up and back down, kick turns and pivots will also be taught.



## Axels

**Level: Intermediate**

The more experienced rider level. More focus is on learning tricks on the ramps and being fully comfortable dropping in and riding all the obstacles.



## Transfers

**Level: Advanced**

Transfers is for the advanced and avid skateboarder. Focusing on tricks mostly learning and working on the more street style skateboarding.

# Scooter Lessons 101

Having trouble deciding which scooter lesson to start with?



### Beginner

Introduction to scootering, riding, pushing and basic technique will be learned.



### Intermediate

For the more experienced rider looking to take their skills to the next level.



### Advanced

For the advanced rider looking to learn harder tricks and advanced ramp riding.

Remember skateboarding and scootering take time and patience, it's not a sport that can be rushed or forced. Enjoy the process and have fun!

# \* Skate Park Lessons



## Scooter Lessons

### Scooter Private Lessons

Private Scooter Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

### Scooter Group Lessons - Beginner

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park etiquette and safety while riding in our skate park setting. Introduction to the bunny hop and tailwhip will also be taught. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

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view program dates and times!**



### Scooter Group Lessons - Intermediate

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails and ledges, as well as airs and spins. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

### Scooter Group Lessons - Advanced

Advanced scooter lessons are for riders who are looking to become a bit more technical on their scooter and start learning difficult tricks. You will go over technical tricks such as manuals (balancing on one wheel) and riding fakie (rolling backwards on a scooter). Riders will also be taught combo tricks (mixed tricks) such as double tail whips, and 180 barspins. If you are in the advanced scooter class, your riding will become more stylish, clean and precise. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

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## Skateboard Lessons

### Skateboard Private Lessons

Private Skateboard Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

### Skateboard Lessons Level 1: Stance

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

### Skateboard Lessons Level 2: Kicks 1

Roll-Ins: Students continue to establish balance, proper pushing and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

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### Skateboard Lessons Level 3: Kicks 2

Drop-ins: Students capable of demonstrating the ability of balance and basic skills will learn drop in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 ft flatbank, roll in competency, learn ollie skills and skateboard care. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

### Skateboard Lessons Level 4: Axles 1

Axles 1 (Transitions): Students continue to develop skills of drop-in on quarters 4 and 5 feet., competency in kick turns, and proper pumping on transitions. They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**



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## Skateboard Lessons Level 5: Axles 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

**Age: 4+ Years**

**Location: Recreation Youth Centre & Skate Park**

## Skateboard Lessons Level 6:

### Transfers 1, 2, 3, 4

(1) Students will work on ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground. (2) Students will learn a new series of skills including mastering the Fakie of Flatground tricks. (3) Students will apply T2 tricks to obstacles. Maneuvers include olling out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.(4) This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers, learn about improving performance, demonstrate versatility, and work on leadership. Participants will be contacted to confirm desired Transfer level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

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