



# Sledge Hockey

## Program Information

**Updated September 3, 2021.  
Updated schedule to be provided soon.**

This exciting game of hockey is inclusive to all abilities. Families & friends are encouraged to enjoy in!

Sledges are available along with some modified equipment as needed (high back support, knee support, pushbar). If an individual will be using the push bar and have someone pushing the sledge, that support person is required to wear a full face protection on CSA approved hockey and skates. Full hockey gear (including, neck guard, full face protection on CSA approved hockey helmet, shoulder and elbow pads, shin guards, and hockey gloves are required for all players during shinney Sledge hockey session.

Sledge are also available for loan during public skate times. It is recommended that less busy sessions are attended – such as family skate times. CSA helmet is strongly recommended for individual using the sledge.

Please inquire at [inclusion@newmarket.ca](mailto:inclusion@newmarket.ca) for more information and to make arrangement for loan of equipment.